Concept Mapping Activity 6-1

Directions: Complete the concept map on good hygiene, using words and phrases from your textbook.

It is important to _____________ right, brush, and _____________ every day to keep your _____________ and _____________ healthy.

The biggest organ in the body is the _____________ . You must _____________ it daily to get rid of dirt and _____________. You should always wear _____________ of _____________ or higher.

Good Hygiene

Keep your _____________ healthy by _____________ it regularly with a gentle _____________. Avoid ____________ by not sharing _____________. combs, or _____________.

To keep _____________ healthy, use a special stick to push back the _____________. regularly. Trim your _____________ using _____________. or small scissors.
Concept Mapping Activity 6-2

Directions: Complete the concept map about the eyes and ears, using words and phrases from your textbook.

**Protecting Eyes**

- Take a break from the __________________或from __________________ to reduce __________________.

- Sit at least ______________ away from the __________________ or ______________. Read in a room with good ______________.

- Wear __________________ during sports. Wear ______________ with ______________ protection on sunny days.

- Don’t __________________ your eyes. Never share ______________ because it could spread ______________.

**Protecting Ears**

- Protect your ears from ______________. Keep the ______________ down when listening to music. Wear ______________ if you must be around ______________.

- Do not use ______________ to clean your ears. Never put ______________ in your ear opening.
Concept Mapping Activity 6-3

Directions: Complete the concept map on choosing health products, using words and phrases from your textbook. Draw a line to match each term with the correct definition and fill in the blanks.

- a promise to ____________________________
  if the product doesn’t work as claimed

- a ____________________________ that offers ____________________________
  because there are fewer salespeople and services

- a person who
  ____________________________

- the cost per ____________________________ of weight or volume

- products that ____________________________
  name-brand products but are sold in
  ____________________________

- when a company deliberately tries to
  ____________________________
  into buying a product or service

- slips of ____________________________
  that ____________________________
  ____________________________ of a product
Concept Mapping Activity 6-5

Directions: Complete the concept map on health care, using words and phrases from your textbook.

- care
  - This is the most basic level of health care. It can include ___________ and ________________.

- specialist
  - This doctor is trained to handle particular ___________. For example, ________________ treat children’s and teens’ illnesses.

- health agency
  - These organizations work to ___________ and ________________ certain diseases. They also educate the public.

- health
  - This will help pay for ________________ care. One type is ___________ ___________. This type limits the choice of ________________.