Assessment

Reviewing Vocabulary and Main Ideas

On a sheet of paper, write the numbers 1–6. After each number, write the term from the list that best completes each sentence.

• acne • fluoride
• astigmatism • nearsightedness
• dermis • health care
• farsightedness • specialist

Lesson 1: Your Teeth, Skin, and Hair
1. ____________ is a substance that fights tooth decay.
2. A condition caused by overly active oil glands is called ____________.
3. The thicker inner layer of the skin is known as the ____________.

Lesson 2: Protecting Your Eyes and Ears
4. ____________ is a condition in which near objects appear clear while those far away look blurry.
5. A misshaped cornea or lens that causes objects to look wavy or blurred is known as ____________.
6. ____________ is a condition in which faraway objects appear clear while near objects look blurry.

Lesson 3: Choosing Health Products
7. Comparison shopping involves comparing different brands of a product.
8. A unit price is the promise of a refund of your money if the product doesn’t work as claimed.
9. The store brand of an item is also known as a ____________ brand.

Lesson 4: Using Medicines Responsibly
10. Vaccines are medicines that kill or stop the growth of bacteria and other specific germs.
11. When you develop a side effect to a medicine, it no longer has the same effect.
12. Taking more of a medicine than the doctor instructs is an example of ____________ misuse.

Lesson 5: Health Care in Your Community
13. When a problem is beyond your doctor’s training, he or she might suggest that you see a ____________.
14. ____________ are organizations that work to help prevent and cure certain diseases.
15. Managed care is a program to help people with limited income get health care.

Thinking Critically

Using complete sentences, answer the following questions on a sheet of paper.

16. Predict If you don’t treat a hearing problem, how might it affect other areas of your health?
17. Evaluate Are consumer skills only good for saving money? Explain.

Write About It

18. Expository Writing Imagine that you are writing an article about a volunteer health agency. Explain the kinds of things the volunteer health agency does. Tell how a teen can help.

Good Hygiene

Use PowerPoint® to create a 10-slide presentation that talks about the importance of good personal hygiene.

• Open a new PowerPoint® project. Choose one of the topics talked about in this chapter.
• Include information on the slides that illustrates good personal hygiene.
• Insert a digital image for each slide.
• Edit your presentation for clarity and content.
• Save your presentation.

Standardized Test Practice

Math

Use the graph to answer the questions.

TEST-TAKING TIP
Make sure you understand the parts of a graph. Read the title. Look at the label next to the vertical (y) axis. Look at the label beneath the horizontal (x) axis.

1. If any noise above 85 dB is harmful, then all of the following sounds are harmful except
A. a jet takeoff.
B. a cannon being fired.
C. a vacuum cleaner running.
D. a rock concert.

2. Based on the line graph, which inference can be made?
A. Two people shouting are likely to be louder than a vacuum cleaner.
B. Sounds under a whisper are probably too quiet to hear.
C. Going to the beach can harm your hearing.
D. Airport ground crews can develop hearing problems.