ALCOHOL PRE-TEST (SA-1)

DIRECTIONS: Place a T for True or an F for False in the blank to the left.

_______ 1. Beer is “weaker” than rum or vodka.

_______ 2. Alcohol is digested the same way food is digested in the body.

_______ 3. Because alcohol is a stimulant, it tends to pep you up.

_______ 4. The liver is the organ responsible for “burning up” the alcohol in the body.

_______ 5. The body can eliminate about 5 ounces of alcohol per hour.

_______ 6. BAC or BAL refers to the amount of calories in an alcoholic beverage.

_______ 7. Black coffee and a cold shower can help to sober you up.

_______ 8. It is possible to die from an overdose of alcohol.

_______ 9. Alcohol does the greatest damage to the liver, brain, and heart.

_______ 10. Alcohol is high in calories and has no nutritional value.
HOW MUCH DO YOU KNOW? (SA-14)

ADDITION

DIRECTIONS: Place a T for True or an F for False in the blank to the left of each statement.

_______ 1. Abuse of alcohol can lead to addiction.

_______ 2. Use of alcohol and other drugs becomes the most important thing in a person's life once they are addicted.

_______ 3. Alcoholism is not a disease.

_______ 4. Anyone who drinks is likely to have an alcohol problem.

_______ 5. After an addict has successfully stopped "using," he or she can never use alcohol or other drugs again.

_______ 6. The brain and liver suffer the most damage when a person drinks heavily for many years.

_______ 7. There are signs to warn a person that his or her "using" may be leading to addiction.

_______ 8. When a person uses alcohol or other drugs for a long period of time, tolerance develops causing the person to need more of the substance to feel "high."

_______ 9. Unpleasant physical and emotional symptoms occur when an addict tries to stop using the substance to which they are addicted.

_______ 10. Drinking or using drugs when alone is a warning sign that may indicate addiction.