

**INTERVAL HEALTH HISTORY SINCE LAST SPORTS PHYSICAL FOR SPORTS PARTICIPATION**

**Part A: To be completed by the Student**

Name \_\_\_\_\_ Age \_\_\_\_\_  
Grade \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Sport \_\_\_\_\_

**For office use only**

CF \_\_\_\_\_ Mat \_\_\_\_\_ Last phys. \_\_\_\_\_  
Med OK \_\_\_\_\_  
Needs: \_\_\_\_\_

**Part B: History SINCE LAST SPORT PHYSICAL to be completed by Parent/Guardian**

**Note:** "Yes" to any of these questions does not mean automatic disqualification from the athletic activity indicated in Part A above. However, it will require a review and approval by the school physician before the student can report to practice or tryouts. The answers to the questions on this form will be held in the school health office and will be kept confidential.

- |   | <u>Check</u>   |
|---|--|
| 1. Any injuries requiring medical attention?                                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 2. Any head injury/concussion?  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 3. Any illness lasting more than five (5) days?                               | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 4. Any condition causing student to miss game/practice?                       | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 5. Taking medicine or under physician's care at this time?                    | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 6. Any feeling of faintness, dizziness or fatigue after exercise or exertion? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 7. Any surgical operations/fractures?   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 8. Any treatment in a hospital or emergency room?                             | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 9. Developed any allergies?   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 10. Diagnosed with chronic disease?   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 11. Does your child need an Inhaler or Epi-pen in school/sports?              | <input type="checkbox"/> Yes <input type="checkbox"/> No |

If "yes" to any of these questions, please explain \_\_\_\_\_

**Part C: Parental Permission**

I, the undersigned, clearly understand these questions are asked in order to decide if my child can safely participate on the athletic team named in Part A of this form. The answers are correct as of this date and he/she has my permission to participate.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

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