

STARPOINT CENTRAL SCHOOL DISTRICT
WINTER 2018-19 SPORTS SIGN-UP INSTRUCTIONS

ATTEND SPORTS MEETINGS. If unable to attend the sport meeting, the student must contact the coach or his/her physical education teacher or school nurse. **Merely signing up does not complete the process.** *NOTE DEADLINE DATES BELOW!

FORMS Appropriate forms are obtained from coaches, meetings or from the school nurse.

White “Sports Candidates Questionnaire” is needed with every new physical or if you are having a school physical. Parent/Guardian must fill out and sign it.

Green “Interval Health History” form is needed if you have provided the nurse with a current physical and a white form in the past year.

For 7th & 8th graders trying out for JV or Varsity: An “Athletic Placement Process Parental Permission” form is required. The student must obtain this from their Phys. Ed. Teacher only.

PHYSICALS

The health office must have on file a fully documented physical conducted within 12 months prior to the first day of practice. We encourage the student to have the required physical with their private health care provider. A school physical is also available if necessary. See below.

****IF A SCHOOL PHYSICAL IS NEEDED,*** the white “Sports Candidates Questionnaire” must be filled out and signed by the parent/guardian and returned to the school nurse by **October 16, 2018.**

If the student misses the scheduled school physical, he/she must obtain the required physical from a private physician. A copy of the physical along with the white “Sports Candidates Questionnaire” form must be returned to the school nurse by the deadline indicated below *.

MEDICATION & SPORTS

If a student is in need of emergency medication during sport participation, proper medication consent from the student’s doctor and parent is required to be on record in the health office. The properly labeled medication must be available at all athletic practices and events.

MEDICAL CLEARANCE

If the student develops an injury/major illness, medical clearance from the student’s health care provider must be submitted to the nurse in order to be eligible to participate.

DEADLINE Above forms must be turned in to the appropriate Health Office.

*All Varsity & JV Sport forms must be turned in by **October 30, 2018.**

*Modified Sport forms must be turned in by **November 5, 2018.**

IT IS YOUR RESPONSIBILITY TO MEET THIS DEADLINE OR THE STUDENT CANNOT PLAY. PAPERWORK WILL NOT BE PROCESSED ON THE DAY IT IS TURNED IN.

CONTACT NUMBERS

High School Nurse’s Office	210-2330	Fax 210-2361	Athletic Office 210-2307
Middle School Nurse’s Office	210-2230	Fax 210-2231	