






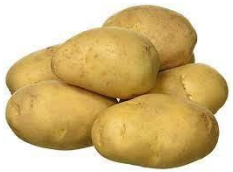



# February 2023

## Starpoint Fricano/Regan Lunch Menu

### Lunch Price \$2.35



Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Visit <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a> to set up a lunch account to monitor and apply money to your child's account throughout the school year</p>		<p style="text-align: center;">1</p> <p>Mac and cheese or Peanut Butter and Jelly Sandwich</p> <p>-----</p> <p>Broccoli ½ C Green beans ½ C Fruit 1/2c Milk-8oz</p>	<p style="text-align: center;">2</p> <p>Cheesy Pizza or Ham &amp; Cheese Sandwich</p> <p>-----</p> <p>Baby carrots ¾ C NYS Apple-1 piece Milk-8oz</p>	<p style="text-align: center;">3</p> <p>Hot Dog on WG Bun or Turkey and Cheese sandwich</p> <p>-----</p> <p>Corn ½ C Baked Beans ½ C Fruit 1/2c Milk-8oz</p>
<p style="text-align: center;">6</p> <p>Hamburger or Cheeseburger On WG Roll or Ham &amp; Cheese Sandwich</p> <p>-----</p> <p>Broccoli – ¾ C Fresh Fruit -1 piece Milk-8oz</p>	<p style="text-align: center;">7</p> <p>8" Taco w/ Meat, Cheese with seasoned rice or Turkey and Cheese sandwich</p> <p>-----</p> <p>Baked Beans ½ C Fruit 1/2c Milk-8oz</p>	<p style="text-align: center;">8</p> <p>Rotini with Meat sauce or Peanut Butter and Jelly Sandwich</p> <p>-----</p> <p>Carrots ¾ C NYS Apple-1Piece Milk-8oz</p>	<p style="text-align: center;">9</p> <p>Grilled Cheese Or Ham and Cheese Sandwich</p> <p>-----</p> <p>Roasted Potatoes ¾ C Fruit 1/2c Milk-8oz</p>	<p style="text-align: center;">10</p> <p>Chicken Nuggets w/seasoned pasta or Turkey and Cheese sandwich</p> <p>-----</p> <p>Green Beans ¾ c Fruit 1/2c Milk-8oz</p>
<p style="text-align: center;">13</p> <p>Chicken Patty on WG roll or Ham &amp; Cheese Sandwich Chocolate pudding</p> <p>-----</p> <p>Carrots ¾c NYS Apple -1 Piece Milk-8oz</p>	<p style="text-align: center;">14</p> 	<p style="text-align: center;">15</p> <p>Meatball sub w/cheese or Peanut Butter and Jelly Sandwich</p> <p>-----</p> <p>Green Beans 1/2 C Veggie Beans ½ c Fresh Fruit 1 piece Milk-8oz</p>	<p style="text-align: center;">16</p> <p>Cheesy Pizza or Ham &amp; Cheese Sandwich</p> <p>-----</p> <p>Broccoli ¾ c Fruit 1/2c Milk -8oz</p>	<p style="text-align: center;">17</p> <p>French toast sticks and sausage or Turkey and Cheese sandwich</p> <p>-----</p> <p>Roasted Potatoes ¾ c Fruit 1/2c Milk-8oz</p>
<p style="text-align: center;">20</p> 	<p style="text-align: center;">21</p> <p>8" Taco w/ Meat, Cheese with seasoned rice or Turkey and Cheese sandwich</p> <p>-----</p> <p>Baked Beans ¾ C Fruit ½ C Milk-8oz</p>	<p style="text-align: center;">22</p> <p>Chicken fingers with seasoned pasta or Peanut Butter and Jelly Sandwich</p> <p>-----</p> <p>Carrots ¾ C Fruit ½ C Milk-8oz</p>	<p style="text-align: center;">23</p> <p>Grilled Cheese Or Ham and Cheese Sandwich</p> <p>-----</p> <p>Green Beans ¾ C NYS Apple-1 piece Milk-8oz</p>	<p style="text-align: center;">24</p> <p>Mozzarella Sticks with Dipping Sauce or Turkey and Cheese sandwich</p> <p>-----</p> <p>Corn ½ C Broccoli ½ c Fruit ½ C Milk-8oz</p>
<p style="text-align: center;">27</p> <p>Mac and cheese or Ham &amp; Cheese Sandwich</p> <p>-----</p> <p>Baked Beans ½ C Green Beans ½ C NYS Fresh Apple-1 Piece Milk-8oz</p>	<p style="text-align: center;">28</p> <p>Chicken Tacos 8" Soft Shell w/ chicken &amp; Cheese w/seasoned rice Or Turkey &amp; Cheese Sandwich</p> <p>-----</p> <p>Carrots ½ C Corn ½ C Fruit ½ C Milk-8oz</p>	 <p style="text-align: center;">NYS Apples NYS Potatoes</p>		

Menu is subject to change.

### NYS LOCAL FOODS

\*Upstate Farms Dairy  
-milk, yogurt, sour cream  
\*LynOaken Farms Apples  
\*Local Farm Vegetables and Fruit  
Used in Meal Program  
Highlighted in green

**In addition to the Entrée of the Day, we also serve the following Items Daily:**

**6" Subs and Wraps Made to Order (2M2G)**

**Salads Made to Order  
(Includes Dinner Rolls ) 2M2G**

**Peanut Butter & Jelly Sandwich (2M2G)**

**Fruit & Yogurt Parfait w/Dinner Rolls  
(2M2G)**

**Offered daily**

**With all School Lunches:**

**Fresh or Prepared Fruit**

**(Must take ½ cup of Fruit or Vegetable – may take up to 1 cup)**

**NY State Non or Low Fat White or Non Fat Chocolate Milk 8oz**