



December 2022

Starpoint Fricano/Regan Lunch Menu

Lunch Price \$2.35



Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Visit www.myschoolbucks.com to set up a lunch account to monitor and apply money to your child's account throughout the school year</p>	Harvest of the Month 	Harvest of the Month 	1 	2
5 Hamburger or Cheeseburger On WG Roll or Ham & Cheese Sandwich ----- Steamed Broccoli 3/4c Fresh Fruit -1 piece Milk-8oz	6 Chicken Tacos 8" Soft Shell w/ chicken & Cheese w/seasoned rice Or turkey& Cheese Sandwich ----- Baked Beans 3/4c Fruit 1/2c Milk-8oz	7 Hot dog on WG roll or Peanut Butter and Jelly Sandwich ----- Carrots 3/4c Fruit 1/2c Milk-8oz	8 Cheesy Pizza or Ham & Cheese Sandwich ----- Corn 3/4c NYS Apple-1 piece Milk-8oz	9 Chicken Patty on WG Roll or Turkey and Cheese sandwich ----- Steamed Cabbage 3/4c Fruit 1/2c Milk-8oz
12 Mac and Cheese or Ham & Cheese Sandwich ----- Carrots 3/4c Fruit 1/2c Milk-8oz	13 8" Taco w/ Meat, Cheese with seasoned rice or Turkey and Cheese sandwich ----- Corn 1/2c Black Beans 1/2c Fruit 1/2c Milk-8oz	14 Rotini (3/4c) w/ Meat sauce w/dinner roll or Peanut Butter and Jelly Sandwich ----- Steamed Broccoli 3/4c Fresh Fruit-1 piece Milk-8oz	15 Grilled Cheese Or Ham and Cheese Sandwich ----- Green Beans 3/4c NYS Apple-1 piece Milk-8oz	16 Hamburger On WG Roll or Turkey and Cheese sandwich ----- Seasoned Potatoes 3/4C Fresh Fruit-1 piece Milk-8oz
19 Chicken Fingers or Ham & Cheese Sandwich ----- Steamed Broccoli 3/4c Fresh Fruit-1 piece Milk-8oz	20 Chicken Tacos 8" Soft Shell w/ chicken & Cheese w/seasoned rice Or turkey& Cheese Sandwich ----- Baked Beans 3/4c Fruit 1/2c Milk-8oz	21 Meatball (4) Sub w/cheese or Peanut Butter and Jelly Sandwich ----- Steamed Cabbage 3/4c Fruit 1/2c Milk-8oz	22 Cheesy Pizza or Ham & Cheese Sandwich ----- Corn 3/4c NYS Apple-1 piece Milk-8oz	From our family to yours – Wishing you and your family a Wonderful Holiday Season!! ½ day of school

NYS LOCAL FOODS

- *Upstate Farms Dairy -milk, yogurt, sour cream
- *LynOaken Farms Apples
- *Local Farm Vegetables and Fruit used in Meal Program highlighted in green

In addition to the Entrée of the Day, we also serve the following Items Daily:

6" Subs and Wraps Made to Order (2M2G)

Salads Made to Order (Includes Dinner Rolls) 2M2G

Peanut Butter & Jelly Sandwich (2M2G)

Fruit & Yogurt Parfait w/Dinner Rolls (2M2G)

Offered daily with all School Lunches:

Fresh or Prepared Fruit

(Must take ½ cup of Fruit or Vegetable – may take up to 1 cup)

NY State Non or Low Fat White or Non Fat Chocolate Milk 8oz