



FRICANO PRIMARY SCHOOL

"Rising Stars Start at Fricano"



Dear Kindergarten Parents,

Enclosed are many fun suggestions and activities that you can do with your child over the summer to continue to develop skills they need to be successful in kindergarten! We encourage you to try a few activities or suggestions each week. The most effective way that children learn and develop new skills is through play. In the spirit of play, it is important not to force your child to do any activity that is either too difficult or uninteresting to him or her. Choose activities that your child will enjoy and have fun!

The attached pages include an exciting list of technology free activities that we encourage you and your child to explore together. Also included are tracing, coloring and cutting pages to further practice those important skills!

We wish you and your child a wonderful, relaxing and fun filled summer. We cannot wait to see you back here for kindergarten in September!

Sincerely,

The Starpoint Occupational Therapy Department
The Fricano Kindergarten Team

Technology-Free Activities to get Ready for Kindergarten

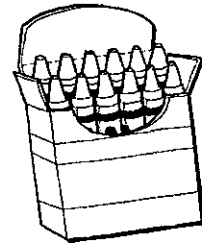
You need strong arms

- Play on playground equipment like monkey bars and ladders
- Carry heavy things around the house (laundry, books, toys)
- Do animal walks or wheelbarrow walks
- Help with House cleaning activities such as sweeping and vacuuming (!)



You need strong hands

- Play with clay or playdough (you can cut it too!)
- Color with crayons
- Do crafts that involve cutting and folding
- Finger paint
- Paint with a spray bottle
- Do your own zippers and buttons on your clothing

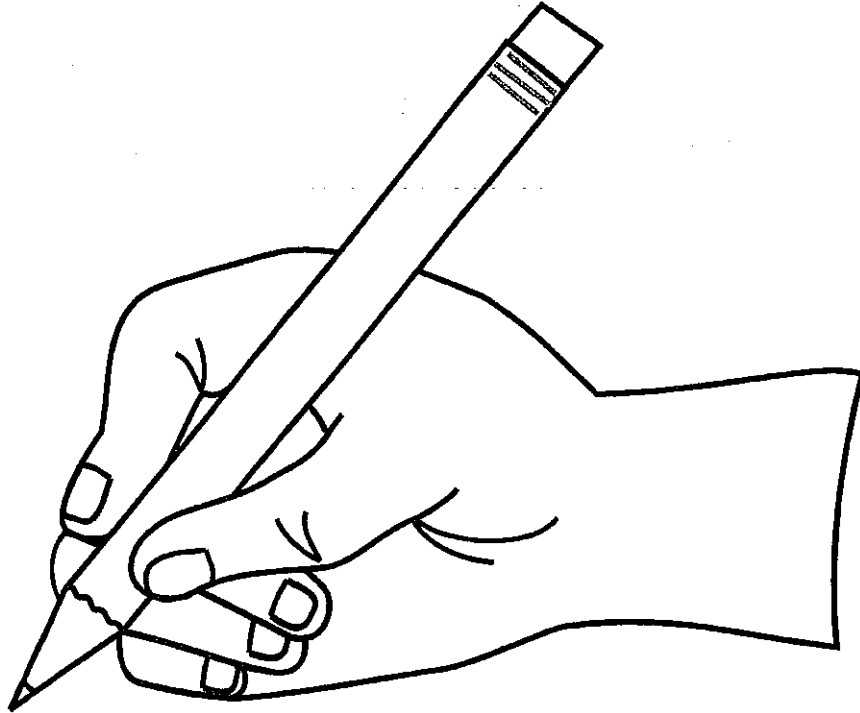


You need strong eyes

- Play the " I spy game" around the house or outside
- Dot-to-dot mazes or other paper/pencil puzzles
- Matching games
- Sorting small items by size/shape/color (coins, legos)



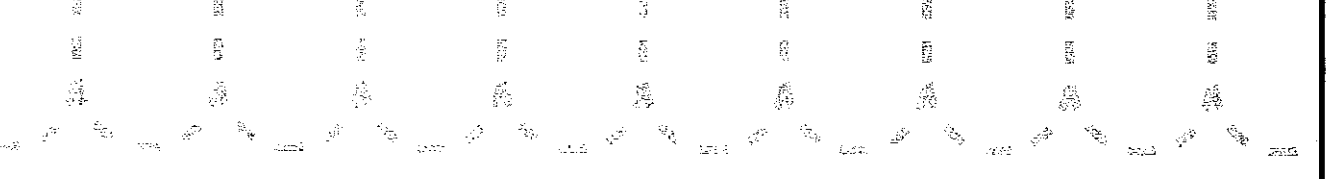
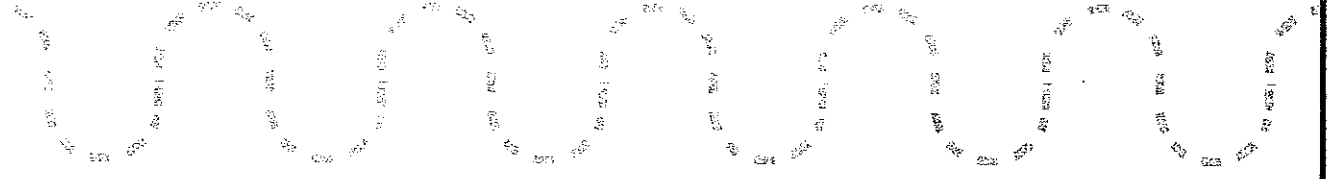
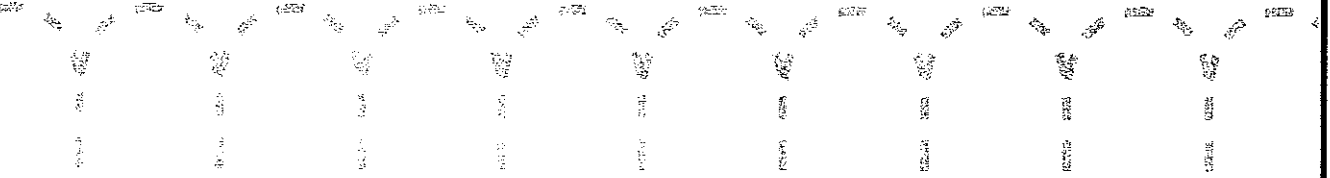
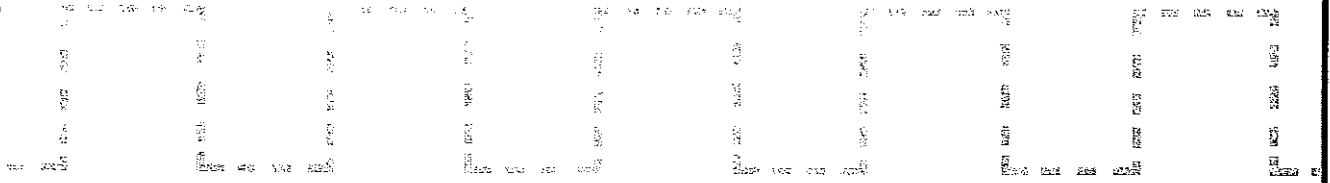
Hold Your Pencil Correctly



1. Hold the pencil with your thumb & index finger.
2. Thumb and index finger point toward tip of pencil.
3. Pencil rests on side of middle finger.
4. Last 2 fingers curl into palm.

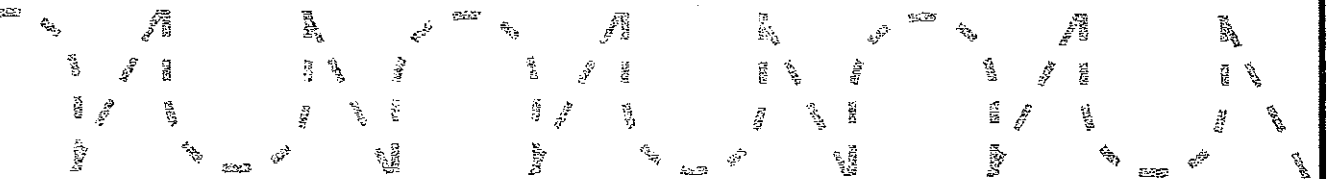
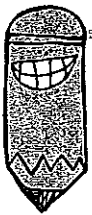
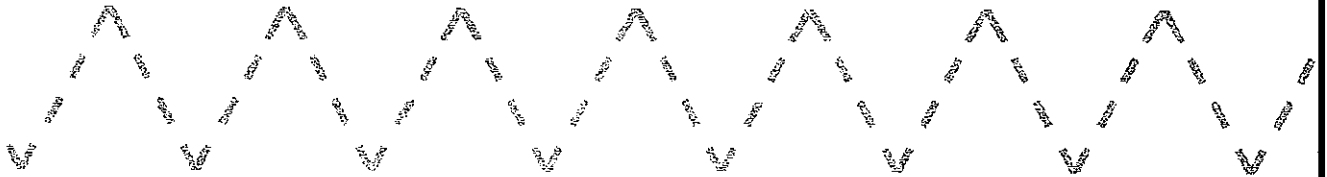
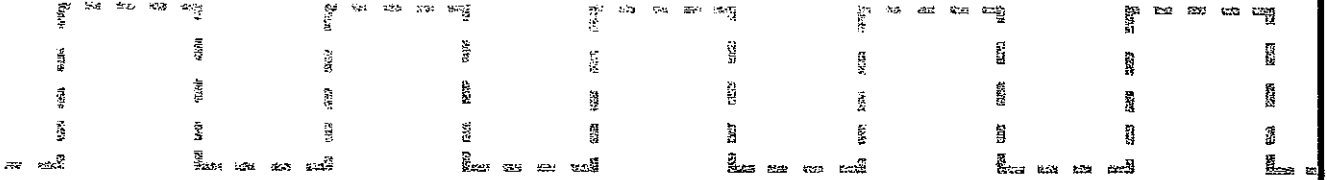
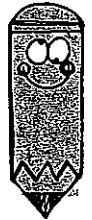
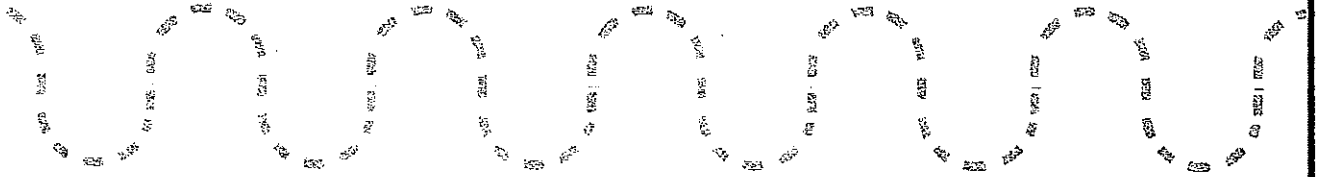
Pencil Paths

Stay on the dotted lines and trace over each path below.
Do not lift up your pencil from start to finish.



Pencil Paths

Stay on the dotted lines and trace over each path below.
Do not lift up your pencil from start to finish.



COLORING SHAPES

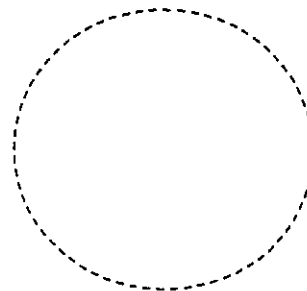
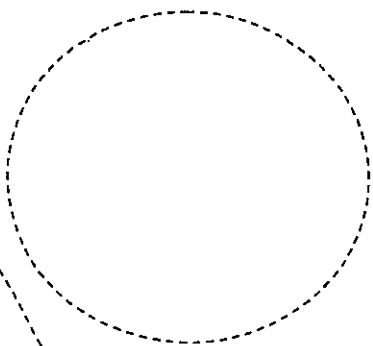
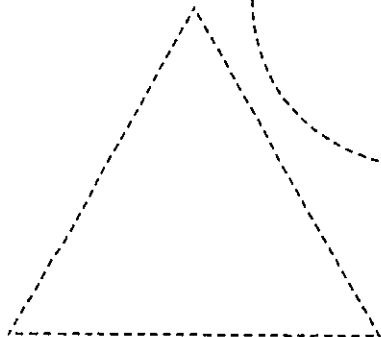
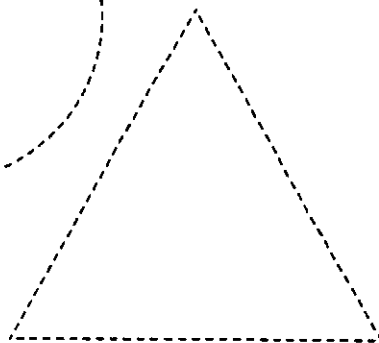
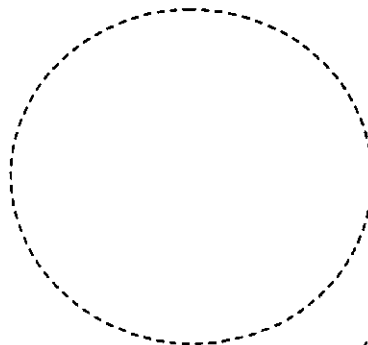
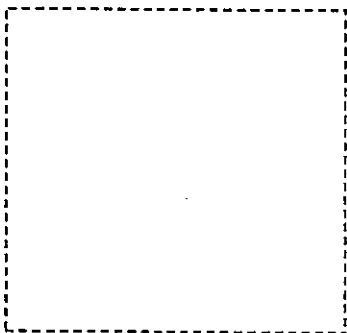
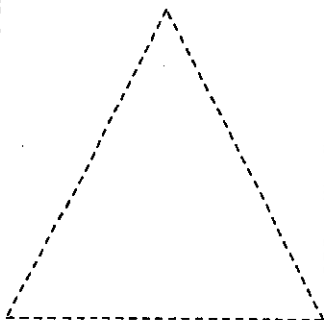
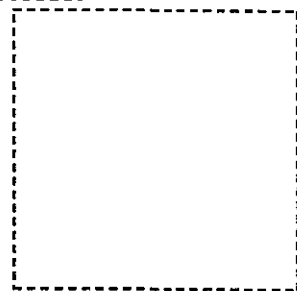
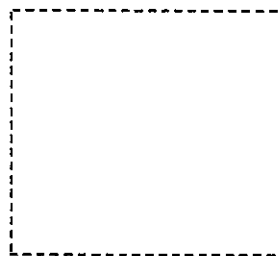
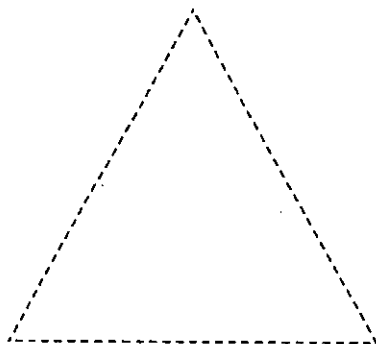
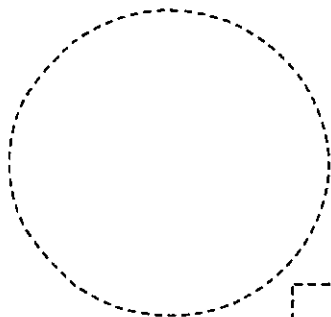
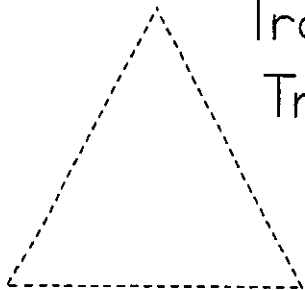
Trace and color the circles yellow



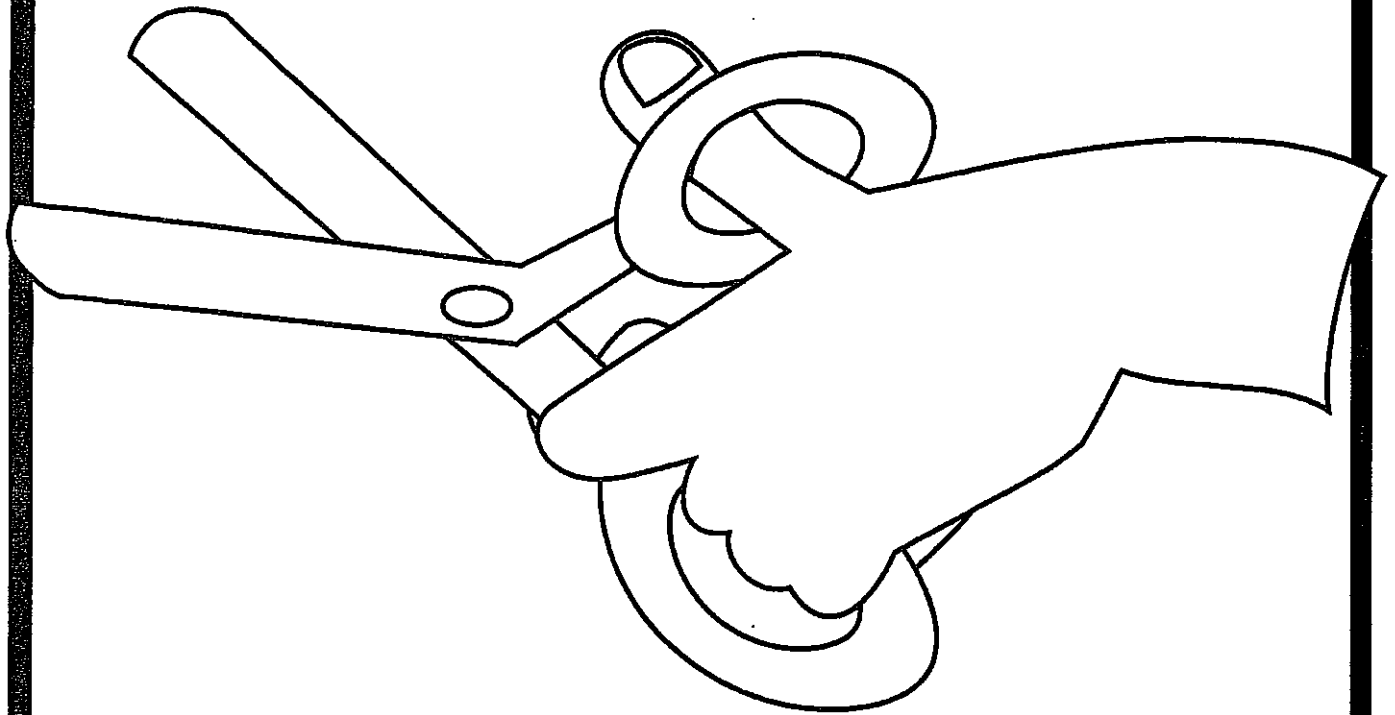
Trace and color the triangles blue



Trace and color the squares red



SCISSOR RULES



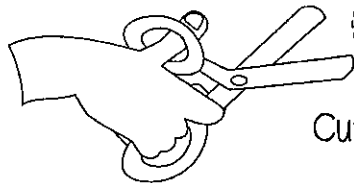
1. Thumb in little hole.
2. Thumb points up!
3. Cut away from body.
4. Hold paper with your helper hand.
5. Stay on the line!



Cut Straight Lines

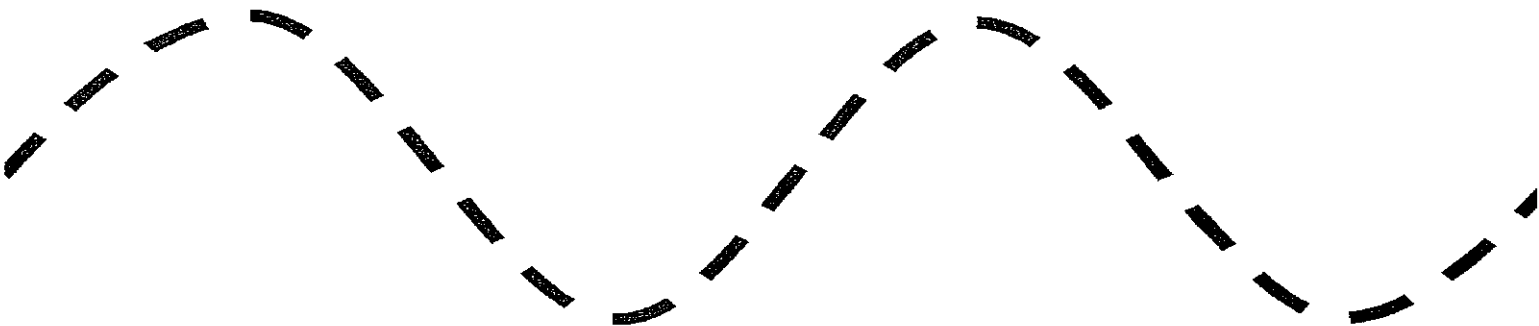
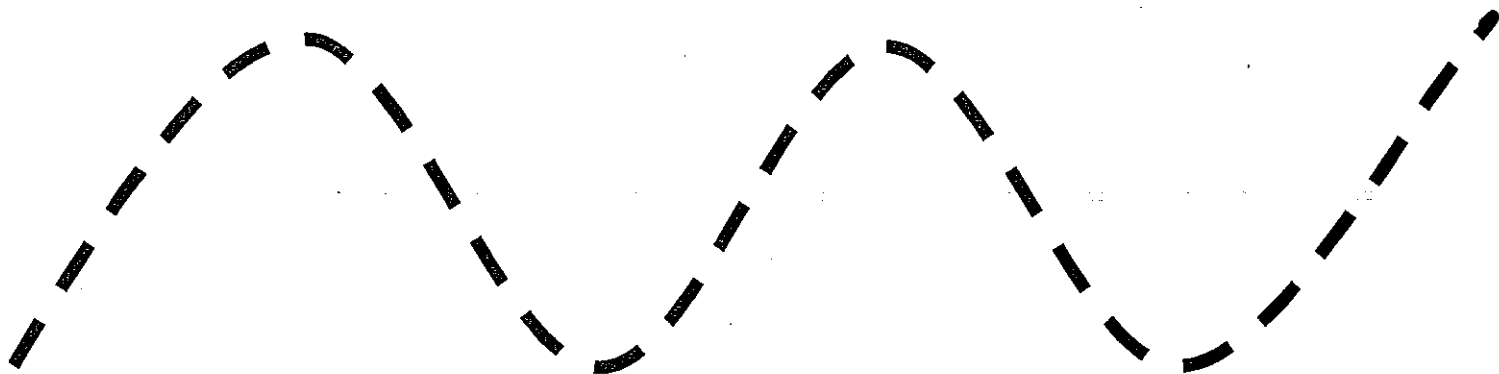
Cut the straight lines below by staying on the black dotted lines!

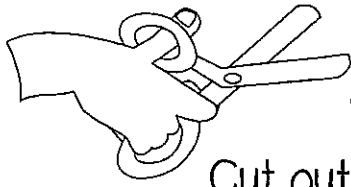




Cut Curved Lines

Cut the curved lines below by staying on the black dotted lines!





Shapes

Cut out each 3 inch shape, but stay on the lines!

