




March 2023

Niagara Academy Breakfast Menu

Breakfast Price: \$2.20



Monday	Tuesday	Wednesday	Thursday	Friday
 www.myschoolbucks.com To set up a lunch account to monitor and apply money to your child's account throughout the year		<p>1</p> <p>Waffles w/ Syrup</p> <p>-----</p> <p>Juice Cup 4oz NYS apples Milk-8oz</p>	<p>2</p> <p>Pancakes w/ Syrup</p> <p>-----</p> <p>Juice Cup 4oz Fruit 1/2c Milk -8oz</p>	<p>3</p> <p>Apple Frudel</p> <p>-----</p> <p>Juice Cup 4oz NYS Pears 1 piece Milk-8oz</p>
<p>6</p> <p>3 French Toast Sticks w/ Syrup</p> <p>-----</p> <p>Juice Cup 4oz Fruit 1/2c Milk-8oz</p>	<p>7</p> <p>WG Donut w/icing</p> <p>-----</p> <p>Juice Cup 4oz Fruit 1/2c Milk -8oz</p>	<p>8</p> <p>Breakfast Burrito</p> <p>-----</p> <p>Juice Cup 4oz NYS Pears -1Piece Milk-8oz</p>	<p>9</p> <p>Mini Waffles (4) w/ Syrup</p> <p>-----</p> <p>Juice Cup 4oz Fruit 1/2c Milk -8oz</p>	<p>10</p> <p>Mini Cini Frudel</p> <p>-----</p> <p>Juice Cup 4oz Fruit 1/2c Milk-8oz</p>
<p>13</p> <p>Croissant w/ Sausage, Egg, & Cheese</p> <p>-----</p> <p>Juice Cup 4oz Fruit 1/2c Milk-8oz</p>	<p>14</p> <p>Chocolate chip Muffin</p> <p>-----</p> <p>Juice Cup 4oz Fruit 1/2c Milk-8oz</p>	<p>15</p> <p>3 French Toast Sticks w/ Syrup</p> <p>-----</p> <p>Juice Cup 4oz NYS apples Milk-8oz</p>	<p>16</p> <p>Pancakes w/ Syrup</p> <p>-----</p> <p>Juice Cup 4oz Fruit 1/2c Milk -8oz</p>	<p>17</p> 
<p>20</p> <p>3 French Toast Sticks w/ Syrup</p> <p>-----</p> <p>Juice Cup 4oz Fruit 1/2c Milk-8oz</p>	<p>21</p> <p>WG Donut w/icing</p> <p>-----</p> <p>Juice Cup 4oz Fruit 1/2c Milk -8oz</p>	<p>22</p> <p>Breakfast Burrito</p> <p>-----</p> <p>Juice Cup 4oz NYS Pears -1Piece Milk-8oz</p>	<p>23</p> <p>Mini Waffles (4) w/ Syrup</p> <p>-----</p> <p>Juice Cup 4oz Fruit 1/2c Milk -8oz</p>	<p>24</p> <p>Mini Cini Frudel</p> <p>-----</p> <p>Juice Cup 4oz Fruit 1/2c Milk-8oz</p>
<p>27</p> <p>Croissant w/ Sausage, Egg, & Cheese</p> <p>-----</p> <p>Juice Cup 4oz Fruit 1/2c Milk-8oz</p>	<p>28</p> <p>Croissant w/ Sausage, Egg, & Cheese</p> <p>-----</p> <p>Juice Cup 4oz Fruit 1/2c Milk-8oz</p>	<p>29</p> <p>3 French Toast Sticks w/ Syrup</p> <p>-----</p> <p>Juice Cup 4oz NYS apples Milk-8oz</p>	<p>30</p> <p>Pancakes w/ Syrup</p> <p>-----</p> <p>Juice Cup 4oz Fruit 1/2c Milk -8oz</p>	<p>31</p> <p>Apple Frudel</p> <p>-----</p> <p>Juice Cup 4oz NYS Pears 1 piece Milk-8oz</p>

NYS LOCAL FOODS

*Upstate Farms Dairy
milk and yogurt

*LynOaken Farms Apples

*Local Farms Fruit

Breakfast Menu

We serve the following entrees daily

**Bagel w/ Cream Cheese
2 Sl. Toast w/ Butter
Yogurt Parfait w/ Roll**

We offer fresh

or prepared fruit daily.

All Juice served is 100%

Offered daily

with all School Breakfast:

Fresh or Prepared Fruit

(Must take 1/2 cup of Fruit – may take up to 1 cup)

**NY State Non or Low Fat White Milk
8oz**