






# March 2023

## Starpoint Middle School Menu

### Lunch Price \$2.60



Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
 Visit <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a> to set up a lunch account to monitor and apply money to your child's account throughout the school year	 Cabbage Apples	1 Rotini with meat sauce ----- Green beans ½ c Broccoli ½ c Fruit 1/2c Milk-8oz	2 Chicken Finger Sub ----- Baby Carrots ½ c C Green Peas ½ C NYS Apple-1 piece Milk-8oz	3 
6 Sweet and sour Chicken over Rice w/dinner roll ----- Carrots ¾ C Fresh Fruit -1 piece Milk-8oz	7 Tacos on Soft Shell 8" w/ Taco Meat, Cheese w/seasoned rice ----- Baked Beans ¾ C Fruit ½ c Milk -8oz	8 BBQ Baked Chicken with seasoned rice and dinner roll ----- Green Beans ¾ C NYS Apple-1Piece Milk-8oz	9 Hamburger or Cheeseburger on WG roll ----- Corn ¾ c Fruit 1/2c Milk-8oz	10 Mac and Cheese (Bflo Chicken or Plain) ----- NYS Cole Slaw ¾ C NYS Apple-1Piece Milk-8oz
13 Philly Cheese Steak on WG roll ----- Corn ¾ C NYS Apple -1 Piece Milk-8oz	14 Chicken taco Seasoned chicken with lettuce and cheese on 8" wrap w/rice (1/2C) ----- Baked Beans ¾ c Fruit 1/2c Milk-8oz	15 Lazy Lasagna with Dinner roll ----- Green Beans ¾ C Fresh Fruit 1 piece Milk-8oz	16 Chicken Patty On wg roll ----- Green Beans ¾ C Fresh Fruit 1 piece Milk-8oz	17 Happy St Patrick's Day! Bosco sticks with Dipping Sauce ----- Broccoli ¾ C Fruit 1/2c Milk-8oz
20 Mac n Cheese 1 1/3c (Bflo Chicken or Plain) ----- Corn ¾ C Fruit 1/2c Milk-8oz	21 Tacos on Soft Shell 8" w/ Taco Meat, Cheese w/seasoned rice ----- Baked Beans ¾ c NYS Fresh Apples-1 Piece Milk- 8oz	22 Chicken Alfredo over seasoned pasta ----- NYS Cole Slaw ¾ C Fruit 1/2c Milk-8oz	23 Chicken Finger Sub w/lettuce and cheese ----- Carrots ¾ C Fruit ½ C Milk-8oz	24 Grilled Cheese ----- Broccoli ¾ c NYS Apple-1Piece Milk-8oz
27 Hamburger or Cheeseburger on WG roll ----- Broccoli ¾ C NYS Fresh Apple-1 Piece Milk-8oz	28 Chicken Fajita 8" wrap with peppers and onions w/seasoned rice ----- Baked Beans ¾ c Fruit ½ c Milk-8oz	29 BBQ Pulled Pork on wg/roll ----- French Fries ¾ c Fruit ½ c Milk 8oz	30 Chicken Nuggets with seasoned pasta ----- Green Beans ¾ C Fresh Fruit 1 piece Milk-8oz	31 Rotini w/ sauce and meatballs ----- Carrots ¾ C NYS Apple-1 piece Milk-8oz

### NYS LOCAL FOODS

- \*Upstate Farms Dairy  
-milk, yogurt, sour cream
- \*LynOaken Farms Apples
- \*Local Farm Vegetables and Fruit  
Used in Meal Program  
Highlighted in green

**In addition to the Entrée of the Day, we also serve the following Items Daily:**

**6" Subs and Wraps Made to Order (2M2G)**

**Salads Made to Order  
(Includes Dinner Rolls ) 2M2G**

**Peanut Butter & Jelly Sandwich (2M2G)**

**Fruit & Yogurt Parfait w/Dinner Rolls  
(2M2G)**

#### Offered daily

**With all School Lunches:**

**Fresh or Prepared Fruit**

***(Must take ½ cup of Fruit or Vegetable – may take up to 1 cup)***

**NY State Non or Low Fat White or Non Fat Chocolate Milk 8oz**