

# Starpoint High School Breakfast Menu

## June 2019



Children who eat breakfast show an increased ability to learn, exhibit better academic performance and may have a decreased risk of being overweight

Menu is subject to Change

Please make breakfast a mandatory part of your day

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 3 French Toast Sticks w/ Syrup</p> <p>----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>4 Croissant w/ Sausage, Egg, &amp; Cheese</p> <p>----- Chilled 100% Juice Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>5 3 Pancakes w/ Syrup</p> <p>----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>6 English Muffin w/ Sausage, Egg &amp; Cheese</p> <p>----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>7 3 French Toast Sticks w/ Syrup</p> <p>----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>
<p>10 3 Pancakes w/ Syrup</p> <p>----- Chilled 100% Juice Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>11 Pretzel Roll w/ Sausage, Egg, &amp; Cheese</p> <p>----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>12 3 French Toast Sticks w/ Syrup</p> <p>----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>13 Croissant w/ Sausage, Egg, &amp; Cheese</p> <p>----- Chilled 100% Juice Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>14 Exams  Begin</p>
<p>Con"grad"ulations Graduates!!</p>				

**Breakfast Price \$1.90**

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**We serve the following Entrees Daily**

**Breakfast Pizza  
Breakfast Burrito  
Mini Cinis / Frudels  
Bagel w/ Cream Cheese**

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***We offer fresh or prepared fruit daily. All Juice served is 100%***  
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**Skim, 1% White, or  
FF Chocolate Milk  
Served Daily**

**Start With:**

- **One Entree**
- **Fruit (May Choose 2 Different)**  
1-100% Juice Cup 4oz  
1-Fresh Fruit or 1-4oz Fruit Cup (Must Take One)
- **Add Serving of Milk**

**Must Take a Minimum of 3 Items for a Complete Breakfast**

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