

Starpoint High School Breakfast Menu

March 2019



Children who eat breakfast show an increased ability to learn, exhibit better academic performance and may have a decreased risk of being overweight

Menu is subject to Change

Please make breakfast a mandatory part of your day

Monday	Tuesday	Wednesday	Thursday	Friday
 Visit www.myschoolbucks.com To set up a lunch account to monitor and apply money to your child's account throughout the year	<u>Come Join Us!!</u> Breakfast begins at 7:30 AM			1 3 Pancakes w/ Syrup ----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk
4 3 French Toast Sticks w/ Syrup ----- Chilled 100% Juice Fresh or Prepared Fruit ----- Non or Low Fat Milk	5 Pretzel Roll w/ Sausage, Egg, & Cheese ----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk	6 3 Pancakes w/ Syrup ----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk	7 Croissant w/ Sausage, Egg, & Cheese ----- Chilled 100% Juice Fresh or Prepared Fruit ----- Non or Low Fat Milk	8 3 French Toast Sticks w/ Syrup ----- Chilled 100% Juice Fresh or Prepared Fruit ----- Non or Low Fat Milk
11 3 Pancakes w/ Syrup ----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk	12 10" Breakfast Burrito w/ Sausage, Egg, & Cheese ----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk	13 3 French Toast Sticks w/ Syrup ----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk	14 Pretzel Roll w/ Sausage, Egg, & Cheese ----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk	15 Conference Day No School
19 3 French Toast Sticks w/ Syrup ----- Chilled 100% Juice Fresh or Prepared Fruit ----- Non or Low Fat Milk	20 Croissant w/ Sausage, Egg, & Cheese ----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk	21 3 Pancakes w/ Syrup ----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk	22 10" Breakfast Burrito w/ Sausage, Egg, & Cheese ----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk	23 3 French Toast Sticks w/ Syrup ----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk
26 3 Pancakes w/ Syrup ----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk	27 Pretzel Roll w/ Sausage, Egg, & Cheese ----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk	28 3 French Toast Sticks w/ Syrup ----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk	29 Croissant w/ Sausage, Egg, & Cheese ----- Chilled 100% Juice Fresh or Prepared Fruit ----- Non or Low Fat Milk	30 3 Pancakes w/ Syrup ----- Chilled 100% Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk

Breakfast Price \$1.80

We serve the following Entrees Daily

**Breakfast Pizza
Mini Cinis / Frudels
Bagel w/ Cream Cheese**

We offer fresh or prepared fruit daily. All Juice served is 100%

**Skim, 1% White, or
FF Chocolate Milk
Served Daily**

Start With:

- **One Entree**
- **Fruit (May Choose 2 Different)**
1-100% Juice Cup 4oz
1-Fresh Fruit or 1-4oz Fruit Cup (Must Take One)
- **Add Serving of Milk**

Must Take a Minimum of 3 Items for a Complete Breakfast